

Voices for Children

Child Abuse Prevention
Council of Olmsted County



Voices for Children is a multidisciplinary committee whose goal is to spread awareness and education about child abuse prevention in our community.

Each year, Voices for Children– Child Abuse Prevention Council of Olmsted County joins this movement, promoting Child Abuse Prevention Month and raising awareness that child abuse is preventable, including offering free weekly speakers on topics regarding child abuse throughout the month of April.

4.7.25
12-1pm

Domestic Abuse Informed Child Welfare with Kelly Kjarland, LGSW, Nadia Marron, LSW, Casey DeLima, LSW

Many children are exposed to violence in their homes and abuse can be handed down from generation to generation. The team will help you understand domestic violence and the team's response using the Safe & Together™ Model, how violence behaviors can intersect with Mental Health and Substance Use, and engagement strategies that support survivor and child safety.

4.14.25
12-1pm

Navigating the Virtual Playground: Healthy Choices and Worrisome Pitfalls for Today's Youth with Kylee Hopf

As technology grows and adapts, children are growing and adapting right along with it. This presentation details the risks students are facing, and practical, positive ways that adults can respond.

4.21.25
12-1pm

Attachment, Early Childhood Trauma and Effective Tools to Help Children Heal with Heather Cargill, PsyD, LP

Learn about the importance of early childhood attachment and it's lifelong effects on mental wellbeing. We will cover way to promote infant safety and strategies to help children heal from ruptured attachment.

4.28.25
12-1pm

Parent and Caregiver Wellness with Timeout Behavior Coaching

This session is designed to provide parents and caregivers with essential strategies for practicing self-care. Through simple, actionable tips, we'll explore ways to prioritize your own well-being, manage stress, and create healthier routines to support you and those you care for.

PUBLIC VIEWING ROOM

We will be hosting a public viewing room at the Family Resource Center at the Empowerment Center for all sessions.

930 40th Street NW
Rochester, MN 55901

REGISTER FOR PRESENTATIONS:



or click [HERE](#).

Certificates of Attendance and CEUs are available for nurses and social workers.



voicesofolmsted@gmail.com

Thank you to our community partners:

Family Service Rochester
Families First of Minnesota
Mayo Clinic

Olmsted County Public Health
Olmsted Medical Center
Zumbro Valley Health Center