



Meals are subject to change

Senior Café-Rochester & Byron

September 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 HOLIDAY – LABOR DAY CLOSED	2 Pork Loin Dressing w/ gravy Asparagus Mixed fruit cup Peanut butter brownie *Diab fruit	3 Tomato bisque soup Crackers Egg salad sandwich Five cup fruit salad Moon cake *Diab cookie or bar	4 Please make sure to adhere to the reservation deadlines: 	5 To make meal reservations..... By 2pm the day before and by 2pm Friday for Monday meal.
8 Meat loaf Mashed potatoes w/marg Stewed tomatoes Fruit cup	9 ROCHESTER BINGO Hawaiian chicken Rice pilaf Green beans Orange wedges Pudding *Diab fruit cup	10 Roast beef on a bun Boiled potatoes Broccoli/cauliflower Oatmeal choc chip bar *Diab cookie		12 BINGO! See schedules below
15 Hamburger on a bun Pickle/onion/tomato/ketchup Roadside potatoes Baked beans w/ apples Fresh fruit	16 Baked ham w/boiled potatoes/cab/carrot/onion Seafoam salad Double Pistachio cake *Diab Angel food cake	17 <u>BYRON SENIOR CLUB</u> Hot turkey over bread w/gravy Mashed potatoes Buttered beets Pumpkin bar *Diab Fruit cup	11 <i>Meals served... Monday & Tuesday Rochester – 11:30am, Wednesday Byron - 12:00pm</i>	19 <u>ROCHESTER BINGO</u> September 9 & 23 12:30-1:30pm
22 Swiss Steak w/ gravy Mashed potatoes w/ gravy Corn Pineapple/pear/peach cup	23 ROCHESTER BINGO Chicken chili w/cheese Crackers Peach half/cottage cheese Cornbread Walnut dream bar *Diab fruit cup	24 BYRON BINGO Sweet pepper steak Brown rice Yellow beans Toss salad w/dressing Fruit cocktail cake *Diab Mixed Fruit cup	25	26 <u>BYRON BINGO</u> September 24 1:00-2:00pm
29 Chicken breast Baked dumpling w/ gravy Asparagus Coleslaw Mandarin orange dessert *Diab mandarin oranges	30 Roast beef Mashed potatoes w/ gravy Broccoli/cauliflower banana			To reserve a meal, call Family Service Rochester at 507-287-2010

Supplier Inventory and Supply Chain difficulties continue to make a few changes to our menu likely.