



Meals are subject to change

Senior Cafe – Rochester & Byron

October 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>Cheese & Ham Strata Muffin w/Marg Yogurt Fruit Cup Crumb Cake</p>	<p>2</p> <p>Please make sure to adhere to the reservation deadlines:</p> 	<p>3</p> <p>To make meal reservations..... By 2pm the day before and by 2pm Friday for Monday meal.</p>
<p>6</p> <p>Hamburger Gravy Over Mashed Potatoes Parslied Carrots Apple Cranberry Crisp w/Whipped Topping *Diab Applesauce</p>	<p>7</p> <p>Taco Casserole Mexican Corn Corn Bread w/Marg Cherry Crunch Dessert w/Whipped Topping *Diab Peaches</p>	<p>8</p> <p>Baked Ham Baked Sweet Potato Green Bean Casserole Lemon Chiffon Pie *Diab Angel Food Cake</p>	<p>9</p>	<p>10</p> <p>BINGO! See schedules below</p>
<p>13</p> <p>Swedish Meatballs/Gravy Mashed Potatoes Herbed Green Beans Mixed Fruit Cup</p>	<p>14</p> <p>ROCHESTER BINGO Salisbury Steak Mashed Potatoes Brussel Sprouts Flavored Ice Cream *Diab Vanilla Ice Cream</p>	<p>15</p> <p><u>BYRON SENIOR CLUB</u></p> <p>CALL Joni Prigge for reservations 507-319-4306</p>	<p>16</p>	<p>17</p> <p><u>ROCHESTER BINGO</u></p> <p>October 14 & 28 12:30-1:30pm</p>
<p>20</p> <p>Chicken Breast Mashed Potatoes w/Gravy Broccoli Ice Cream *Diab Vanilla Ice Cream</p>	<p>21</p> <p>Roast Beef Mashed Potatoes w/Gravy Harvard Beets Fr040esh Fruit</p>	<p>22</p> <p>BYRON BINGO Cream of Broccoli Soup Crackers Chicken Salad Strawberry Short Cake w/Topping *Diab Fruit Cup</p>	<p>23</p> <p>Meals served... Monday & Tuesday Rochester – 11:30am, Wednesday Byron - 12:00pm</p>	<p>24</p> <p><u>BYRON BINGO</u></p> <p>October 22 1:00-2:00pm</p>
<p>27</p> <p>Swiss Steak in Tomato Sc Baked Potato Mixed Vegetables Orange/Pear Cup</p>	<p>28</p> <p>ROCHESTER BINGO Chicken Alfredo Lasagna Mixed Green Salad Garlic Bread Pineapple Slices Pudding *Diab Mandarn Oranges</p>	<p>29</p> <p>Taco Salad: Taco Meat Sr cr/French Drsg/Salsa Salad Mix, Shred Cheese Dced Tomatoes, Tost Chp Creamy Corn Casserole Beatnik Cake *Diab Cookie/Bar</p>	<p>30</p>	<p>31</p> <p>To reserve a meal, call Family Service Rochester at 507-287-2010</p>

Supplier Inventory and Supply Chain difficulties continue to make a few changes to our menu likely.