

Meals on Wheels Menu - Winter 2022-2023

MON

TUES

WED

THURS

FRI

SAT

SUN

12/12/2022	12/13/2022	12/14/2022	12/15/2022	12/16/2022	12/17/2022	12/18/2022
Chicken Fettuccini Alfredo	Roasted Pork Loin	BBQ Rib Sandwich	Swedish Meatballs	Chicken Marsala	Meatloaf	Chicken and Broccoli Casserole
12/19/2022	12/20/2022	12/21/2022	12/22/2022	12/23/2022	12/24/2022	12/25/2022
Panko Crusted Chicken	Spaghetti and Meat sauce	Chicken Enchiladas	Hamburger and Cheese Casserole	Beef Stew	Lemon Pepper Tilapia	Chopped Beef Steak in Gravy
12/26/2022	12/27/2022	12/28/2022	12/29/2022	12/30/2022	12/31/2022	1/1/2023
Glazed Pork Loin	Turkey Carbonara	Grilled Ruben Sandwich	Baked Ham	Beef Cabbage Roll	Salisbury Steak	Pineapple Pepper Chicken
1/2/2023	1/3/2023	1/4/2023	1/5/2023	1/6/2023	1/7/2023	1/8/2023
Porcupine Meatballs	Tuna Melt	Tex Mex Beef Pasta	Chicken Fritter Sandwich	Roast Beef	Scalloped Potatoes and Diced Ham	Chicken Breast with Peppers and Onions

Circled date = HOLIDAY

Office closed—please refer to holiday cancellation sheet

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MON

TUES

WED

THURS

FRI

SAT

SUN

1/9/2023	1/10/2023	1/11/2023	1/12/2023	1/13/2023	1/14/2023	1/15/2023
Beer Batter Shrimp	Racheal Sandwich	Hot Ham and Cheese	Beef and Broccoli Stir Fry	BBQ Grilled Chicken	Pork Steak	Stuffed Shells with Marinara
1/16/2023	1/17/2023	1/18/2023	1/19/2023	1/20/2023	1/21/2023	1/22/2023
Baked Ranch Chicken	Shrimp Pasta Salad	Orange Chicken	Chicken Fritter Sandwich	Chipped Beef	Cranberry Roast Pork	Meatball Calzone
1/23/2023	1/24/2023	1/25/2023	1/26/2023	1/27/2023	1/28/2023	1/29/2023
Honey Mustard Chicken Thighs	Shepard's Pie	Salmon Burger on Bun	Sweet and Sour Pork	Baked Cod	Cranberry Turkey Wraps	Sloppy Joe
1/30/2023	1/31/2023	2/1/2023	2/2/2023	2/3/2023	2/4/2023	2/5/2023
Beef Tips Over Pasta	Creamy Sundried Tomato Chicken	Honey Garlic Pork loin	Chicken Salad	Butter Chicken Over Rice	Orange Glazed Ham Steak	BBQ Pulled Chicken Sandwich

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Meals on Wheels Menu - Winter 2022-2023

MON	TUES	WED	THURS	FRI	SAT	SUN
2/6/2023	2/7/2023	2/8/2023	2/9/2023	2/10/2023	2/11/2023	2/12/2023
Boneless Country Pork Rib	Beef Lasagna	Chef Salad	Chicken ala King	Hamburger Goulash	BBQ Salmon	BBQ Rib Sandwich
2/13/2023	2/14/2023	2/15/2023	2/16/2023	2/17/2023	2/18/2023	2/19/2023
Herb Roasted Chicken	Egg Salad	Breaded Pork Fritter	Chicken and Dumplings	Country Fried Steak	Chicken Kiev	Sausage and Penne Casserole
2/20/2023	2/21/2023	2/22/2023	2/23/2023	2/24/2023	2/25/2023	2/26/2023
Apple and Onion Pork Loin	Coconut Shrimp	Taco Salad	Roast Turkey	Cranberry Chicken Salad	Batter Fried Cod	Chicken Enchilada
2/27/2023	2/28/2023	3/1/2023	3/2/2023	3/3/2023	3/4/2023	3/5/2023
Swedish Meatballs	Vegetable Lasagna	Pasta Primavera	BBQ Pulled Beef Sandwich	Corned Beef and Cabbage	Ham and Cheese Hot Pocket	Turkey Burger in Gravy

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cancellation sheet

Meals on Wheels Menu - Winter 2022-2023

MON	TUES	WED	THURS	FRI	SAT	SUN
3/6/2023	3/7/2023	3/8/2023	3/9/2023	3/10/2023	3/11/2023	3/12/2023
Wild Rice Stuffed Chicken Breast	Pulled Pork Sandwich	Turkey Ala King over biscuit	Chicken Parmesan	Grilled Hamburgers	Grilled Chicken Over Italian Pasta	Beef Pot Pie
