



Meals are subject to change

## FSR Senior Café—Rochester & Byron

March 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">3</p> <p>Chicken Ala King Over Biscuit Seasoned Peas Coleslaw Mixed Fruit Cup</p>	<p style="text-align: right;">4</p> <p>Pork Steak Dressing Asparagus Cinnamon Applesauce Cookie or Bar *Diab Fruit</p>	<p style="text-align: right;">5</p> <p>Tomato Barley Soup Crackers Cheese on Rye Cottage Cheese-1/3 c Pear Slices – ½ c Peanut Butter Brownie *Diab Cookie or Bar</p>	<p style="text-align: right;">6</p> <p style="text-align: center;">Please make sure to adhere to the reservation deadlines...  ➔</p>	<p style="text-align: right;">7</p> <div style="border: 1px solid black; border-radius: 50%; padding: 10px; text-align: center;"> <p><i>To make Meal Reservations... By 2pm the day before By 2pm Friday for Monday meal</i></p> </div>
<p style="text-align: right;">10</p> <p>Meat Loaf Mashed Potatoes w/Marg Stewed Tomatoes Fruit Cup</p>	<p style="text-align: right;">11</p> <p><b>ROCHESTER BINGO</b> Spaghetti w/Meat Sauce Tossed Salad w/Dressing P/A Rings Garlic Bread Cookie or Bar *Diab Fruit Cup</p>	<p style="text-align: right;">12</p> <p>Roast Beef Sandwich Boiled Potatoes Broccoli/Cauliflower Oatmeal Choc Chip Bar *Diab Cookie</p>	<p style="text-align: right;">13</p> <p style="text-align: center;"><b>Meals served.... Monday &amp; Tuesday Rochester—11:30 Wednesday Byron—12:00</b></p>	<p style="text-align: right;">14</p> <p style="text-align: center;"><b>BINGO! See schedules below</b></p>
<p style="text-align: right;">17</p> <p>Chef Salad: Lettuce Tomato/Cuke/Boiled Egg Ham Strips/Cheese Hawaiian Cake *Diab Fruit Cup <b>St.Patrick's Day</b></p>	<p style="text-align: right;">18</p> <p>Hamburger on a Bun Pickle/onion/tomato/ketch up/Mustard Roadside Potatoes Baked Beans w/Apples Fresh Fruit</p>	<p style="text-align: right;">19</p> <p><b>BYRON SENIOR CLUB</b> Hot Turkey over Bread w/Gravy Mashed Potatoes Buttered Beets Pumpkin Bar *Diab Fruit Cup</p>	<p style="text-align: right;">20</p> <p style="text-align: center;"><b>To reserve a meal, call Family Service Rochester at 507-287-2010</b></p>	<p style="text-align: right;">21</p> <p style="text-align: center;"><b><u>ROCHESTER BINGO</u> Mar. 11 &amp; 25 12:30-1:30 pm</b></p>
<p style="text-align: right;">24</p> <p>Swiss Steak w/Gravy Mashed Potatoes w/Gravy Corn Pineapple/Pear/Peach cup</p>	<p style="text-align: right;">25</p> <p><b>ROCHESTER BINGO</b> Chicken Chili w/S Cheese Crackers Peaches w/Cottage Ch Cornbread Walnut Dream Bar *Diab Fruit cup</p>	<p style="text-align: right;">26</p> <p><b>BYRON BINGO</b> Sweet Pepper Steak Brown Rice Yellow Beans Tossed Salad w/Dressing Fruit Cocktail Cake *Diab Mixed fruit cup</p>	<p style="text-align: right;">27</p> <p style="text-align: center;">LOCATIONS <b>Rochester Senior Café FSR-South</b>  <b>Byron Senior Café Comm. Ed. Ctr.</b></p>	<p style="text-align: right;">28</p> <p style="text-align: center;"><b><u>BYRON BINGO</u> Mar. 26 1:00-2:00 pm</b></p>
<p style="text-align: right;">31</p> <p>Vegetable Soup Crackers Chicken Salad Sandwich Pear Cup Flavored Ice Cream *Diab Vanilla Ice Cream</p>	<p style="text-align: center;"></p>			<p style="text-align: center;"></p>

**Supplier Inventory and Supply Chain difficulties continue to make a few changes to our menu likely.**