

03Meals are subject to change

FSR Senior Café—Rochester & Byron

JULY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chef Salad Mixed Grns Ham Strips,Hd Ckd Egg, VG-Tom Wedge, Carrot/Cel Stix, Croutons Muffin Cantaloupe Cup	2 Brats/Onion & Saurkrat Alt: Hamb/on/tomato Sliced Dill pickle Oven Brwned Potatos Baked Bns & Apples Ice Cream	3 Chicken Parmesan Mashed Potatoes Broccoli Starburst Cake *Diab Angelfood Cake	4 To reserve a meal, call Family Service Rochester at 507-287-2010	5 <i>Make Meal Reservations... By 2pm the day before By 2pm Friday for Monday meal</i>
8 Meatballs w/Gravy Mashed Potatoes Spiced Peaches Bar or Cookie *Diab Bar or Cookie	9 Spaghetti w/Meat Sauce Garlic Bread Green Salad w/Dressing Pear Half w/Cottage Ch Melon Cup	10 Hamwich Cuke Salad/Sr Crm Dres Fresh Fruit Chocolate Cherry Bar *Diab Cookie	11 LOCATIONS Rochester Senior Café FSR-South Byron Senior Café Comm. Ed. Ctr.	12 BINGO! See schedules below
15 BBQ on Bun Hash Browns Au Gratin Calico Beans Fresh Orange	16 Ham and Cheese Pasta On/Lettuce Alt: Chix/Cheese Pasta Melon Wedge Crumb Cake *Diab Banana	17 Kielbasa w/Saurkrt Baked Potato Green Beans Melon Cup 	18 Meals served.... Monday & Tuesday Rochester—11:30 Wednesday Byron—12:00	19 <u>ROCHESTER</u> <u>BINGO</u> July 9 & 23 12:30-1:30 pm
22 Taco Salad w/Tostato Chips/Fixings Mexican Black Beans Fruit Cup	23 Chicken Salad Sandwch Fruited Coleslaw Green Beans/Pea Salad Cookie or Bar *Diab Cookie	24 Ham Balls Pars Boiled Red Potatoes Cauliflower Fruit Cup	25	26 <u>BYRON BINGO</u> July 24 1:00-2:00 pm
29 Chili w/Crackers Corn Muffin/Marg Cottage Ch w/Pear Half Pudding *Diab Fresh Fruit Cup	30 Smother Chicken Alt: Liver & Onions Mashed Potatoes California Blend Veg Bar or Cookie *Diab Cookie	31 Tuna Salad Sandwich Potato Salad Carrot Raisin Salad Brownie *Diab Cookie		

Alternate on Menu = Diner's Choice

Supplier Inventory and Supply Chain difficulties continue to make a few changes to our menu likely.