




FSR Senior Café Rochester & Byron

January 2025

Meals are subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>In inclement weather: Please visit www.semcac.org Or visit our FB page</p>		<p>NEW YEAR'S - CLOSED ¹</p> 	<p>To reserve a meal, call ² Family Service Rochester at 507-287-2010</p>	<p><i>Make Meal Reservations... By 2pm the day before By 2pm Friday for Monday meal</i> ³</p>
<p>Salisbury Steak ⁶ Mashed Potatoes Brussel Sprouts Flavored Ice Cream *Diab Vanilla Ice Cream</p>	<p>Garlic Seasoned pork loin ⁷ Oven roasted potatoes Green beans/mushrooms Muffin w/ marg Baked Apple</p>	<p>Baked Ham ⁸ Baked Sweet Potato Green bean casserole Lemon Chiffon Pie *Diab Angel Food Cake</p>		<p>BINGO! See schedules below ¹⁰</p>
<p>Sweedish Meatballs ¹³ Mashed potatoes w/ marg Herbed Green beans Mixed Fruit Cup</p>	<p>ROCHESTER BINGO ¹⁴ Taco Casserole Mexican Corn Corn Bread w/ marg Cherry Crunch Dessert With whipped topping *Diab Peaches</p>	<p>BYRON SENIOR CLUB ¹⁵ Creamed chicken Over biscuit Diced carrots 7 – layer salad Fruit cocktail cake *Diab Cookie</p>	<p>Meals served.... ¹⁶ Monday & Tuesday Rochester—11:30 Wednesday Byron—12:00</p>	<p><u>ROCHESTER BINGO</u> Jan. 14 & 28 12:30-1:30 pm ¹⁷</p>
<p>CLOSED ²⁰ MARTIN LUTHER KING</p>	<p>Beef Stew ²¹ Seafoam salad Muffin w/ Marg Rice Krispie bar *Diab cookie</p>	<p>BYRON BINGO ²² Cream of broccoli soup Crackers Chicken salad Strawberry short cake/top *Diab Fruit cup</p>		<p><u>BYRON BINGO</u> Jan. 22 1:00-2:00 pm ²⁴</p>
<p>Swiss steak in tomato sc ²⁷ Baked potato Mixed Vegetables Orange/pear cup</p> 	<p>ROCHESTER BINGO ²⁸ Taco salad: sr c/french dress/salsa, meat, shred cheese, shred lettuce, diced tomatoes, toast chp Creamy corn casserole Beetnik cake *Diab cookie / bar</p>	<p>Chicken alfredo lasagna ²⁹ Mixed green salad Garlic bread Pineapple slices Pudding *diab mandarin oranges</p>	<p>LOCATIONS ³⁰ Rochester Senior Café FSR-South</p> <p>Byron Senior Café Comm. Ed. Ctr.</p>	

Alternate on Menu = Diner's Choice

Supplier Inventory and Supply Chain difficulties continue to make a few changes to our menu likely.