

# FSR—Senior Cafe

DECEMBER 2022

Meals are subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 <i>Monday &amp; Tuesday Rochester—11:30</i>  <i>Wednesday Byron—12:00</i>	2
5 Chicken ala King Over Biscuit Seasoned Peas Coleslaw Mixed Fruit Cup	6 Pork Steak/Dressing Broccoli/Cauliflower Cinnamon Applesauce Cookie or Bar *Diab Fruit	7 Meat Lasagna Marinated Green Beans Garlic Bread Orange Slices Moon Cake *Diab Banana 	8 <b><u>BYRON SCHEDULE</u></b> Dec. 7—CEC Dec. 14—City Hall (Call Joanie to reserve) Dec. 21—CEC Dec. 28—CEC	9 <b>To reserve a meal, call Family Service Rochester at 507-287-2010</b>
12 Meat Loaf Mashed Potatoes Stewed Tomatoes Cookie or Bar *Diab: Fruit Cup 	13 Spaghetti w/Meat Sauce Cole Slaw Garlic Bread Cot.Cheese/Pineapple Oatmeal Choc Chip Bar *Diab Cookie	14 <b>BYRON MEAL AT CITY HALL HOSTED BY SENIOR CLUB—CALL JOANIE TO RESERVE</b>	15	16 <i>When reserving a meal—please indicate if it's for Byron</i>
19 Hamburger w/ Trimmings on Fresh Bun Roadside Potatoes Baked Beans w/ Apples Fresh Fruit	20 Hot Beef over Bread with Gravy Mashed Potatoes Buttered Beets Pumpkin Bar *Diab Fruit Cup	21 BBQ Pork Loin Baked Potato/Sour Cream Baked Beans Fresh Apple 	22	23 <b>WEDNESDAYS BYRON ONLY</b>
26 <b>CLOSED XMAS HOLIDAY</b>	27 Swiss Steak/Gravy Mashed Potatoes Corn Pineapple/Pear/Peach Cup	28 Baked Ham Baked Sweet Potato Green Bean Casserole Lemon Pie *Diab: French Apple Pie	29 <b>To reserve a meal, call Family Service Rochester at 507-287-2010</b>	30

Alternate on Menu = Diner's Choice

Supplier Inventory and Supply Chain difficulties continue to make a few changes to our menu likely.