FSR Board Consent Agenda

5-22-24

*Mission: Family Service Rochester will provide community based social services of the highest quality and maintain a commitment to excellence in all operational areas.*

*Brand Message: Family Service Rochester is a community-based organization providing mental health, senior independence, child wellbeing, and family stability services. We listen to what people need and together, we build better lives.*

Executive Director’s Report:

**Programming Updates:**

Family Resource Center: On May 13th we hosted a community forum to report on our assessment of the need for a Family Resource Center in Olmsted County. We offered this forum at two different times on that day. We were pleased with the turnout as approximately 65 individuals attended. We also received media coverage from two televisions stations.

FARR Event: Our Family Advocacy in Recovery and Restoration program serving pregnant and/or recent mothers with a history of substance abuse is hosting a Family Festival at Red Wing High School on May 18th. This is to market our efforts and engage the community in Goodhue County. (Please see attached flier in this board packet)

Chamber Presentation: Our Director of Clinical Services, Ashleigh Dowis, recently presented on workplace wellness at a recent chamber event. Her presentation was well received. We were able to speak about the services we might be able to provide to other businesses. (see attachment in board packet)

Senior Independence Department: With the vacancy created upon April Sutor’s retirement it gave us an opportunity to review the structure of the department and titles of staff. Going forward we will move from referring to this department as “Senior Independence Services” to “Aging Services.” “Senior Independence” subtly implies that aging individuals are not independent. This is consistent with the language used across the state and country.

Director of Aging Services: We have hired an individual to lead our Aging Service Department. Thomas Hayden will be joining FSR on June 24th. Thomas is coming to us from Connecticut where he was the Director of Social Services for a nonprofit focusing on services and support for those with dementia and their caregivers. Thomas has a master’s degree in Gerontology with a minor in Health Informatics. Thomas wanted to move closer to Owatonna and Burnsville where some family members reside. We are working to schedule an open house where staff and external partners will have an opportunity to meet Thomas. All board members will be invited, and we would appreciate it if you might be able to stop by and welcome Thomas to FSR.

**Operations Update**:

Cloud Migration: We continue with our efforts to migrate from on premise servers to the cloud. We have recently learned that it will be advantageous to move to a new phone system by August 2025. Doing so will negate some expensive warranty renewals on our existing servers. We will likely solicit board members to assist in the selection process.

Compensation Model: We initiated our new compensation model, based on productivity for therapists, at the start of our last payroll period. We will report to the board the preliminary results at our July board meeting.

Health Insurance: Health insurance claims in April equated to $103,392.24. There are 3 plan members who have incurred claims that have exceeded the stop loss of $40,000, 2 of those members are no longer covered on the plan. There are 7 members with claims above $10,000, 4 of them are no longer covered on the plan. The plan ran at 173% of expected compared to March which ran a 3% of expected. Policy YTD (October – September) is running at 55% of expected and FSR Fiscal YTD is running at 68%. We expect a favorable renewal in the coming months. (see attachment in board packet)

**Grant/Contract Updates**:

AARP Grant: We had submitted an AARP challenge grant to support a pathway to be built between Madonna Towers and the adjacent city park. This grant request was made in partnership with the City of Rochester’s Parks and Recreation Department and was part of our Age Friendly Olmsted efforts. We did not receive this grant.

Parents as Teachers: We submitted a grant to support an effort to deliver Parents as Teachers, which is an evidence-based home visiting program. We have been notified we will receive this grant. The approximate total amount of the award is $129,000.

FARR: A grant had been issued by the Minnesota Department of Health that focuses on the prevention of babies born having been exposed to chemicals and alcohol during the pregnancy. We applied for this grant to support our FARR (Family Advocacy in Recovery and Restoration) that provides case management support to pregnant or recent mothers with a history of substance use disorder. This funding supports our efforts in Dodge and Goodhue Counties. We have been notified we will receive this grant. The approximate total amount of the award is $118,000.

Live Well at Home Grant: The state has allocated additional monies to support current recipients of Live Well at Home Grants. This grant supports our aging services. We submitted an amendment to this existing grant and have been notified our amendment was approved. The total amount added to our existing grant is approximately $88,000.

Dementia Grant: We have formed a partnership with Olmsted Medical Center to provide services to support those with Dementia (and their caregivers). We intend to pursue a grant opportunity that will support these efforts. We requested $150,000 over two years. We have yet to receive notification if we are to be awarded this grant.

Think Bank: We had submitted a grant request to Think Bank to support our Meals on Wheels Program and our Mental Health Services. We have been awarded $35,000.

SMIF Grant: We applied for a grant from the Southern Minnesota Initiative Foundation to support our mental health services for children. We are asking for $15,000. We have yet to receive notification if we are to be awarded this grant.

Sauer Family Foundation: We are submitting a grant to be used for the development of our Family Resource Center. We previously received funding from the Sauer Family Foundation for the assessment phase of this project. We have been asked to apply for this additional funding. We are requesting approximately $36,000.

Otto Bremer Trust: We are submitting a grant to the Otto Bremer Trusts to support our overall operations. We have received annual funding support from the Otto Bremer Trust for several years. We will be requesting $120,000.

Mayo Clinic: We submitted a grant to the Mayo Clinic to support our Aging Services, Clinical Services, and our Cloud Migration. We have been awarded $75,000.

Family Resource Center Grant: We are submitting a grant to the Minnesota Department of Human Services to support our Family Resource Center efforts. This grant would provide funding over a three-year period. If awarded the full grant it could mean adding 4-5 new staff members.

**Marketing/Fundraising/Volunteer Updates:**

Denim and Diamonds: Please see the attached revenue statement.

Volunteer of the Month: Connie Benjamin is our May Volunteer of the Month. When asked why she volunteers, she says it keeps her busy and she knows she’ll need services down the road, “I like to pay it forward. It’s fun!” It’s appreciated that the staff are nice and appreciate us. They let us say no if we need to and there are a good variety of things to do. Connie provided 5,500 miles worth of driving in 2023!

Volunteer Appreciation: We held our annual volunteer appreciation event on April 18th.  The event was a success with approximately 100 volunteers attending. The food was provided by Outback Steakhouse and the main entertainment was a Family Feud type trivia event. Thank you to board members that attended.

Annual Report: Please see the attached 2023 Annual Report

Attached: Board Minutes from March 27th 2024.