


Senior Café-Rochester & Byron**August 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
In inclement weather: Please visit www.semccac.org Or visit our FB page Or call 507-864-8231			Please make sure to adhere to the reservation deadlines: 	To make meal reservations..... By 2pm the day before and by 2pm Friday for Monday meal.
4 Hamwich Cuke Salad w/Sr Crm Drsg Fruit Cup Chocolate Cherry Bar *Diab Cookie	5 Meatballs w/Gravy Mashed Potatoes 5-Way Mixed Vegetable Banana	6 Chef Salad Mixed Greens Ham Strips Hard Cook Egg- Chopped/Cheese w/ veg Garnishes-Carrot/Cuke Croutons – Muffin w/Marg Cantaloupe Cup	7 Meals served... Monday & Tuesday Rochester – 11:30am, Wednesday Byron - 12:00pm	8 BINGO! See schedules below
11 Hamburger Stroganoff -over Noodles Broccoli Spiced Peaches Cookie *Diab Cookie	12 ROCHESTER BINGO Chicken Pasta Salad w/Chow Mein Noodles Garnish Marinated Green Beans Pear Halves/Muffin w/Mg Coconut Custard Square *Diab Fresh Fruit	13 Porcupine Meatballs Mashed Potatoes Corn Spring Dessert *Diab Angel Food Cake	14	15 <u>ROCHESTER</u> <u>BINGO</u> August 12 & 26 12:30-1:30pm
18 BBQ on a Bun Hashbrowns AuGratin Calico Beans Melon Cup	19 Baked Ham Baked Potato w/sour crm Baked Beans Rocky Road Pudding	20 <u>BYRON SENIOR</u> <u>CLUB</u> CALL Joni Prigge for reservations 507-319-4306	21	22 <u>BYRON BINGO</u> August 27 1:00-2:00pm
25 Beef Sandwich Cheesy Hash browns Beets Pudding *Diab Fruit	26 ROCHESTER BINGO Smothered Chicken Mashed Potatoes California Blend Veg Bar or Cookie *Diab Bar or Cookie	27 BYRON BINGO Tator Tot Casserole 7-Layer Salad Pineapple Tidbits Coconut Custard Pie Sq *Diab Cookie/Bar	28	29 To reserve a meal, call Family Service Rochester at 507-287-2010

Alternate on Menu = Diner's Choice**Supplier Inventory and Supply Chain difficulties continue to make a few changes to our menu likely.**