Age Friendly Olmsted County

Dave Beal

Age Friendly Olmsted County Coordinator Family Service Rochester Age-Friendly Minnesota Regional Exchange Showcase | October 29, 2025



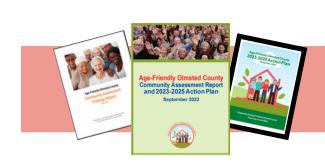
The Age-Friendly Program Process

Develop an action plan 2026 Join the network 2023-2025 2021 YEAR 6 **ENROLLMENT** YEAR 1 YEAR 2 **YEARS 3 - 5** 2017-2020 2022 Conduct a community Implement the needs assessment action plan, and track progress In the Continue assessing community needs, setting goals, implementing











Evaluate the impact of the work,

and create a progress report

plans and evaluating progress

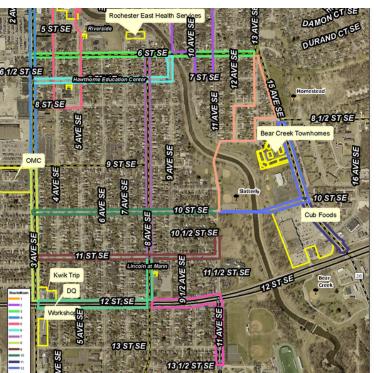
Age Friendly Olmsted County Action Plan 2023-2025

- Action Area I: Age-Friendly Community Supports and Health Services.
- Action Area II: Aging in Place Readiness Planning.
- Action Area III: Age-Friendly Community Engagement.



Walk & Roll Audits













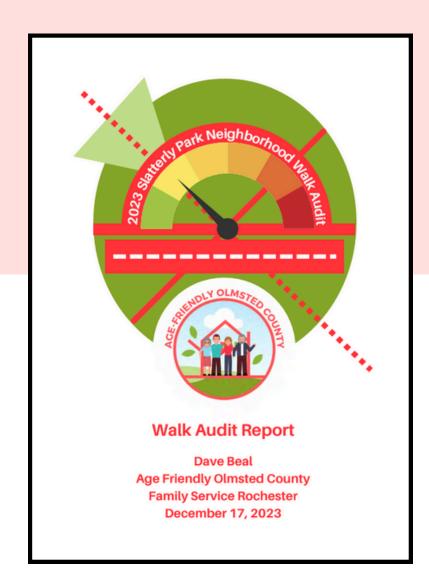




















Park Audits















Parks for All Ages:

A white paper on the age friendly assessment and continuous improvement of parks in the city of Rochester, Minnesota

August 7, 2023

Walt Rothwell















Actively

According to a 2013 survey, issues related to aging (elderhealth) was cited as one of the most pressing

- More senior recreation
 - More mid-day recreation programs Less strenuous outdoor recreation-more walking,
 - gardening, culture, etc.
 - Desire for volunteer opportunitie







Supporting Employees Who Are Caregivers Forums

- The growing demand for caregiving in Minnesota.
- The business impacts especially on small employers.
- Practical, low-cost steps employers are taking.
- ROI including how support reduces reliance on Paid Family and Medical Leave.
- Rochester | Byron | Stewartville Northfield | Faribault









Senior Housing Transitions Mentorship Pilot Program

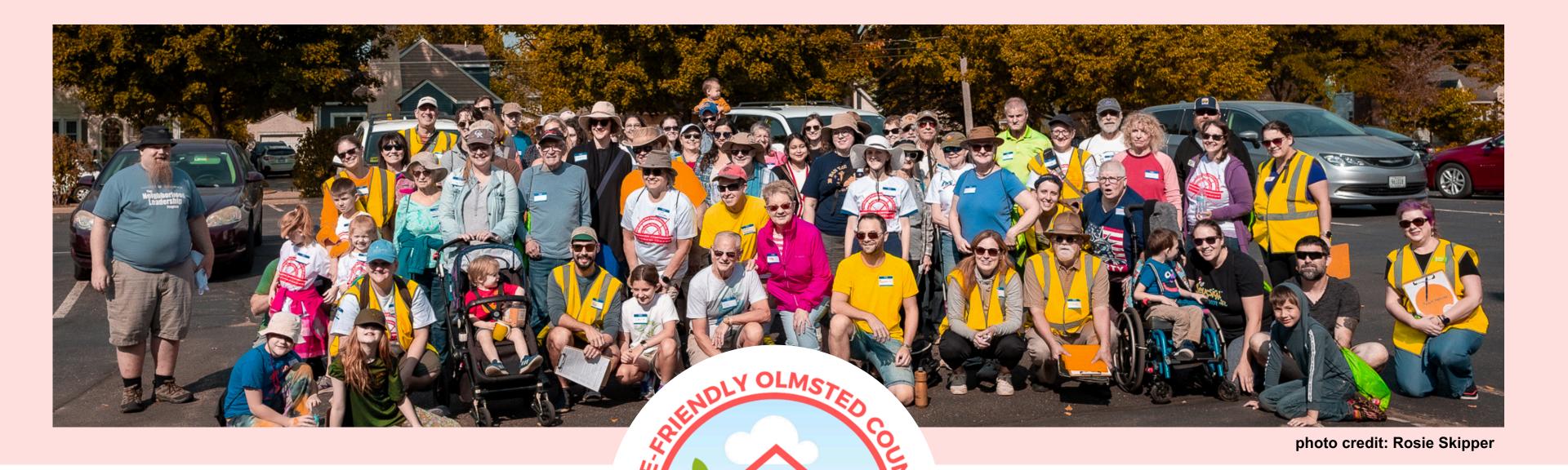
Two-year pilot program to facilitate and assist older adults and their families in making decisions regarding appropriate housing.

Start date: January 2026

\$250,000 allocated.







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