



Olmsted County Adult Mental Health Local Advisory Council Member Job Description

OVERVIEW

Local Mental Health Local Advisory Councils (LACs) bring together diverse perspectives on mental health in order to identify resources, changes and improvements to local mental health services. LACs offer individuals, parents and mental health service providers the opportunity to make a real difference in how mental health care is provided in their community, and it offers counties the wisdom of those with lived experience.

SUMMARY

LAC members collaborate to identify mental health needs, advocate for effective solutions, and provide guidance to local organizations and authorities.

COMMITMENTS

- Attend monthly meetings (1.5 hours)
- Terms are 1 year
- Attend events as necessary to promote the LAC

RESPONSIBILITIES

- Advocate for increased awareness and understanding of mental health issues within the community.
- Engage with community members, organizations and other stakeholders to gather input and feedback on mental health services.
- Assist in analyzing data from the Olmsted County Community Health Needs Assessment.
- Assist in identifying unmet needs within the community.
- Help develop and propose recommendations to improve mental health policies and programs.
- Collaborate with mental health professionals, social service agencies and other relevant organizations to coordinate efforts and share information.

QUALIFICATIONS

- Olmsted County resident
- Strong commitment to improving mental health and well-being in the community
- Identify as one of the following:
 - A person with lived experience with a mental health condition
 - A family member of an adult living with a mental health condition
 - A mental health provider (mental health professionals and practitioners who work in settings such as community support programs, case management, outpatient, hospital and crisis programs)